

Letting Go Hand's On Activity

Materials Needed:

- Tissue paper , multiple colors
- paper plate, any size
- Pencil
- Glue

Directions:

Draw a pattern on your plate, ie. Bullseye, random circles, landscape.

Pick a piece of tissue paper and write things you need to give over to God.



Write as many as you want. It can be a daily practice. You can do this with your family, church or by yourself. Whatever you choose will turn into a work of art.

Scrunch up the paper to represent giving it over to God.

Now take that scrunched paper and glue to the plate to follow your pattern.

(Take a photo of your finished art and post it to APCE Facebook page)

