



***Supporting lifelong  
faith formation  
in the home  
and congregation***

For more ideas and a network to brainstorm ideas, questions, and concerns, please consider joining! Email the coordinator at [cencoordinator@faithfulteaching.org](mailto:cencoordinator@faithfulteaching.org) or go to [www.faitfulteaching.org](http://www.faitfulteaching.org) for more information.

***“... that they may be encouraged in heart and united in love...” Colossians 2:2***

## +Family Faith Practices for Lent+

Challenge families to strengthen family faith practices during Lent. Each week, work on a different Faith Practice. To make it fun, have a list of 6 different suggestions for each faith practice. Families can roll a die to see which one they do!



### Week 1 Storytelling –

1. Feeding of the 5000,
2. Jesus heals a paralyzed man,
3. Jesus Walks on Water,
4. the Palm Sunday Story,
5. the Last Supper.
6. Children's Choice

### Week 2 Praying -

1. the Lord's Prayer,
2. a table prayer,
3. a bedtime prayer,
4. the 3<sup>rd</sup> verse of Away in a Manger,
5. the Benediction (May the Lord Bless and Keep You....)
6. Children's Choice

### Week 3 Serving -

1. setting the table,
2. picking up toys
3. clean the toys in the church nursery,
4. help collect the bulletins after church and put them in recycling,
5. pick up trash in a neighborhood park
6. Children's Choice

### Week 4 Giving -

1. Money to the church or charity,
2. Food to a food shelf,
3. Clean, used toys to a charity,
4. Clothes that no longer fit (good condition) to a shelter
5. A treat to say thank you – maybe your teacher or pastor?
6. Children's Choice

**Week 5 - Repeat favorite categories!**

**Week 6 – encourage the faith practice of Worship** – what service(s) will families choose to come to for Holy Week? Perhaps try a new service or attend all?

**\*Children's Choice –**  
Just that! The children pick their own favorite – from the list or not!