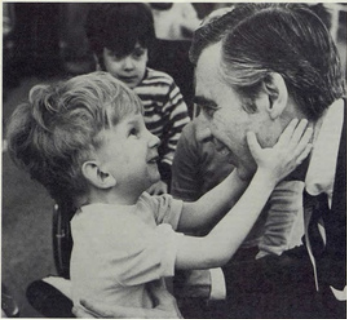


# FRED ROGERS

## *Won't you Be My Neighbor?*



### A Simple Unassuming Question or is it?

Fred Rogers, Presbyterian pastor and TV personality, welcomed everyone into his neighborhood and modeled the importance of seeing ourselves and others, listening to ourselves and others, accepting ourselves and others, loving ourselves and others. These are the basics for creating a positive community. How do we, as people of faith like Fred Rogers, grow, learn, and model peace for our communities and families? Where and how is God present?

### Six Fundamentals of Learning and Growing



#### Capacity to Play

01

- What does play mean to you?
- How will you play this week?
- How can you play more?



#### A Sense of Self-Worth

02

- How can you build your self-worth?
- How can you help others build self-worth?
- How can you be kind to yourself and others?



#### Curiosity

03

- What does it mean to be curious?
- How are you curious?
- What can you do to be curious this week?



#### A Capacity to Listen and Look Carefully

04

- How would you define this?
- How do you embody it?
- Who can you listen to, or what can you pay attention to and notice this week?



#### Times of Solitude

05

- When and where do you experience solitude?
- Where can you find solitude this week?
- How is God present?



#### A Sense of Trust

06

- How do you built trust?
- With your Family or community?
- What experiences help this? Or hinder it?

All Resources can be found at  
<https://tinyurl.com/bdzhm34v>

