

## **Sensory-Friendly Intergenerational Worship Brainstorming Worksheet**

*What worship opportunities can become intergenerational (both within services or on special Sundays)?*

*What sensory, learning, or ambulatory challenges exist and need to be addressed or supported?*

*What gifts or resources are present in your congregation?*

*What resources do you need?*

*What speed bumps might you encounter?*

## THINGS TO CONSIDER<sup>1</sup>

### **Hospitality of language**

- How can you use language to invite those gathered to feel loved and welcomed?
  - Using different languages?
  - Using age-inclusive vocabulary?

### **Hospitality of space**

- How can you make the physical worship space welcoming for all?
  - Opportunities for movement and response without movement?

### **Participation**

- Lower barriers/requirements for participation in worship
  - Invitation for all to participate in ways that are accessible to them
  - Provide diversity in age/gender/ethnicity of worship leaders

### **Multi-sensory experiences**

- Create opportunities for all senses to be engaged in worship when possible
  - Sight
  - Sound
  - Touch
  - Taste
  - Movement

### **Celebrating diversity and unity in the body of Christ**

- How can you represent/include all people in the congregation in the service?
- How can you respond in unison, but with individuality intact?

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<sup>1</sup> Adapted from Illustrated Worship Planning Guide: World Communion Sunday and All Saints' Day. © 2019 Illustrated Ministry, LLC.