

RESOURCE LIST

From Inspiring Youth Ministry to Engaging Adult Discipleship: How Healthy Ministries Cultivate Lifelong Faith

ARTICLES, RESEARCH, AND DISCUSSION GUIDES

[The 7 Transitions Shaping Young Adult Faith](#) (And How Churches Can Support Them)



[7 Things You Need to Know For Successful Young Adult Ministry](#)



[Where are the Young Adults?](#) Rethinking faith beyond church attendance

[Young Adult Discussion Guides](#) from Fuller Youth Institute

These guides are designed to help ministry leaders and mentors walk alongside young adults through the most common transitions that young adults face.



Barna Group resources on generations

<https://www.barna.com/topic/generations/>

Articles to note:

[New Research: Belief in Jesus Rises, Fueled by Younger Adults](#)

[Gen Z's Emotional Challenges: A Unique Opportunity for the Church](#)

[Who Believed in You? Leaders Tell Barna About Their Mentors](#)



TryTank Research Institute:

[Young Adult Parents - What Happens to Faith When "Nones" Have Kids](#)

www.stateofthechurch.com



BOOKS

- Forged by Austin Wofford
- Sustainable Young Adult Ministry by Mark DeVries & Scott Pontier
- Faith Beyond Youth Group by Kara Powell, Jen Bradbury, & Brad M. Griffin
- Growing Young by Kara Powell, Jake Mulder, & Brad Griffin
- Sticky Faith Youth Worker Edition by Kara Powell, Brad M. Griffin, & Cheryl Crawford
- Sustainable Youth Ministry by Mark DeVries



**Grab all of the files from the
workshop here!**

Workshop slides
Handouts
Resource List

